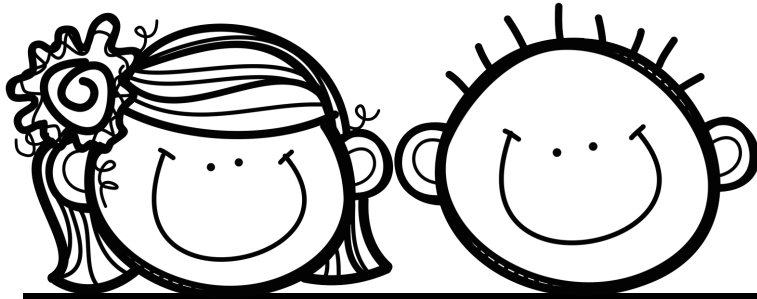


# my safe adults<sup>3</sup>



Safe Adults are grown-ups in your life who know how to help you if you were to receive a Not Sure or Not Safe Touch.

Listen as your teacher describes each Safe Adult, then draw their picture and write their name. One box does NOT describe a Safe Adult. Can you figure out which one? Cross it out!

This person is part of my family. I see them all the time, and they are a grown-up!

1

This person is a kid at my school. They are so much fun to play with on the playground!

2

This person is a grown-up who works at my school. I know them very well, and they know me very well!

3

This person is a grown-up I know well, but they are not part of my family. They are a Safe Adult in my community!

4

# Keeping Kids Safe: Tell a Safe Adult!

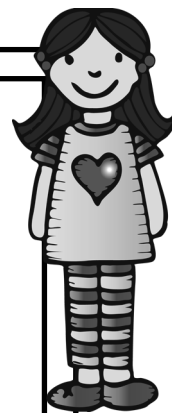


● ● ● ●

**Safe adults are grown-ups your child knows well, sees often, and trusts. Safe adults are grown-ups in their family, at school, and around where they live (community).**

● ● ● ●

**Keep in mind when children are using ANY device connected to the internet, there is potential for them to encounter inappropriate content and engage in interactions with unsafe people. Set boundaries for what websites they may visit and be aware of apps they use. Even games designed for young children can have chat capabilities.**



## Parent and Child Activity

Practice running to a safe adult with your child! During the Kids Have Rights body safety lesson, your child pretended to run to a safe adult, then shared who they ran to. Give your child a scenario and ask them if they should run to a safe adult. If they say yes, ask them to pretend running to one of these grown-ups. Review with your child safe adults in their family, at school, and around where they live (community). Below are ideas to begin this safe adult activity with your child:

Your friend wants to make up a special handshake for just the two of you. They don't want you to tell anyone else about the special handshake. (This is a Safe Touch, you do not need to tell a safe adult, but can if you choose.)

A grown-up you like a lot touches the private parts of your body, then tells you, "Shhh. This is just between us." (This is a Not Safe Touch, even though it's someone you like a lot you should always TELL A SAFE ADULT!)

An older kid you see often is tickling you, and you start to feel uncomfortable. (This is a Not Sure Touch and you should tell a safe adult. Any time you receive a touch that doesn't make you feel good inside, TELL A SAFE ADULT!)

*Things* that may seem small or insignificant to adults can feel big and important to children. Listen carefully to what they share with you, especially in regards to not liking someone or someone being "mean." These can be clues to a bigger problem.



Remind your child if they talk to a safe adult and that grown-up does not believe them or does not help them, they need to keep telling! They will find a safe adult that does know what to do to help.

Kids Have Rights™ is a prevention program of the Children's Advocacy Center of Kent County. If you have questions regarding talking to your child about body safety, please visit our website for more information at [www.cac-kent.org](http://www.cac-kent.org) or contact us at 616.336.4265.