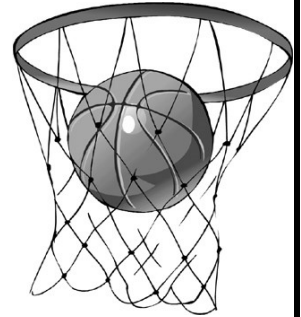


I Have Body Safety Smarts!

Directions: Read the following story then circle the *best* answer in the questions that follow.

Manuel and James are best friends. They like to play basketball at the neighborhood court. They shoot hoops almost every day! Sometimes when they play, an older boy named David joins them. It's fun to play ball with David. He is a good shot, and he gives Manuel and James tips for shooting three-pointers. One day after playing a good game, David gave James a high five then play-tackled and tickled him. This made James feel weird inside. He liked David, but he did not like the tickling. When James got home, he told his mom that David had tickled him, and that it had made him feel weird inside. James's mom listened to him, believed him, and told him that she was glad he had told her. James's mom gave James a big hug, and it made James feel loved and safe. James's mom knew how to help him!



1. Manuel is a person
 - A. whom James does not know.
 - B. whom James *kinda* knows.
 - C. whom James knows very well.
2. David is a person
 - A. whom James does not know.
 - B. whom James *kinda* knows.
 - C. who is a member of James's family.
3. When David tickled James, James felt
 - A. weird inside.
 - B. loved.
 - C. safe.
4. David gave James a
 - A. Safe Touch.
 - B. Not Sure Touch.
 - C. Not Safe Touch.
5. James told his mom, and she
 - A. listened to James and believed him.
 - B. knew how to help him.
 - C. answers A & B.
6. James told his mom because
 - A. David gave him a Not Sure Touch.
 - B. James's mom is his Safe Adult.
 - C. answers A & B.
7. The hug James's mom gave him
 - A. made him feel nervous inside.
 - B. made him feel loved and safe.
 - C. made him feel scared inside.
8. The hug James's mom gave him
 - A. is a Safe Touch.
 - B. is a Not Sure Touch.
 - C. is a Not Safe Touch.

Reinforcing Body Safety Smarts with Children

Teach your child to
trust their feelings
and trust yours
too!

If you notice:

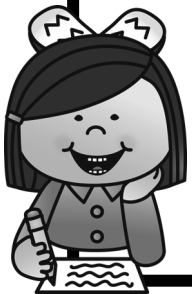
- your child does not like to be around a particular person, or
- their behavior changes when a particular person is around (they back away from someone they used to enjoy being around or they seem uncomfortable/nervous/withdrawn)

Talk with your child one on one in a calm and informal way about why they are feeling this way.

Over 90% of the time, children know the person (grown-up, teenager, or kid/friend) who has given the child Not Safe Touches.

Talk with your child and remind them no matter who the touch comes from, if

someone touches the private parts of their body or makes them touch someone's private parts, they need to tell a safe adult. If they forget about it and remember later, it is never too late to tell.



Ongoing communication about body safety will help both you and your child feel comfortable discussing this difficult topic. For older children modify information from news reports and current events as an opportunity to create discussions regarding keeping them safe.



Parent and Child Activity—Safe Touches

What about the doctor? This is a question frequently asked by children when talking about touches. Talk with your child about times where it would be safe for someone to touch their private parts. Ask your child if they have questions about Safe Touches to the private parts of their body. When they go for a check-up, use this as an opportunity to remind them the reasons why this is a Safe Touch—you will be with them and it is the doctor's job to keep them safe and healthy, so the doctor will need to check the private parts of their body. If they have a younger sibling who needs help keeping their body clean/using the bathroom, the grown-up who takes care of them will keep their private parts clean and healthy by changing their diaper, and washing the private parts of their body in the bath. If their private parts become unhealthy, a grown-up might need to put medicine on the private parts of their body. They would only need it for a few days and then they wouldn't need it anymore.

Kids Have Rights™ is a prevention program of the Children's Advocacy Center of Kent County. If you have questions regarding talking to your child about body safety, please visit our website for more information www.cac-kent.org or contact us at 616.336.4265

