

What Would You Do? Kids Have Rights Review

Directions: Read each situation described below and record your response on the lines. If you would talk to a safe adult, also explain why this is important to do.

1. While you and your good friend are away at camp, your friend tells you someone they care about has been giving them Not Safe Touches. Your friend asks you to keep it a secret. You want to tell a safe adult but you are worried your friend will be mad at you. What would you do?



2. You are playing on one of your favorite apps when you get a message from someone you don't know in person. They seem really nice and they are funny too, so you started talking to them on the app a lot. They ask you to download a new messaging app and want to only chat with you there. What would you do?

3. You spent the night at a new friend's house over the weekend. While you were hanging out with their older brother and his friend, they started saying things that made you feel uncomfortable. What would you do?



4. A person who has been making you give Not Safe Touches told you to keep it a secret. They said if anyone finds out you will be in trouble too. You like this person and don't want them to get in trouble, so you've been keeping this secret for a while now and are not sure if you should tell anyone. What would you do?

5. An older kid your family has known for a long time has been giving you Not Safe Touches when you go over to their house. You told the safe adult at their house, but that grown-up didn't believe you. What would you do?



Technology and Safety



Allowing children access to phones, tablets, gaming stations, and laptops is becoming more common practice in many homes. They are used in a variety of ways throughout a child's school, and have become a convenient and popular way to communicate with parents and friends. Yet these devices also provide a door to the outside world many parents feel unequipped to navigate, and children lack the knowledge to recognize the potential danger. As children become more involved with technology it's important to make yourself aware of who they communicate with, what apps, video games, and social media they are a part of.

We cannot expect children to know how to use devices and apps safely and with caution if we have not educated them. Just like other activities designed to be fun and educational, there is the opportunity for misuse. There is a strong chance children will make mistakes, some of which could be innocent.

Sitting down for chats about safely using devices can help children understand the importance of coming to you. They don't need to try and figure it out themselves.

Parent and Child Activity

The National Center for Missing and Exploited Children has a well designed and easy to use resource for families:

<http://www.netismartz.org/InternetSafety>

Here, you will find activities for young children, tweens and teens and a wealth of information for adults on the topic of technology and safety.

The *Discussion Starters* for parents and children on this page provides a great place to begin these important conversations with your children.

Did You Know?

The apps on electronic devices (even pre-loaded apps) can be deleted or can be locked with a passcode. For children between the ages of 9 and 10, it is recommended they have access to only the apps parents/caregivers are themselves using.

Apps designed for 9 and 10 year olds (and younger!) can have capabilities of chatting with any user. This means people who children don't know can download the app and use it to begin talking with them. A good rule of thumb for kids is they should never friend/follow/chat with anyone they don't know in real life.

Kids take at face value someone is who they say they are on social media. They do not realize, and it is hard to convince them otherwise, that a grown-up or older kid could be posing as a peer.

Privacy settings and location services on a device allow others to locate the device and obtain information about users. Many times both children and parents are unaware of all the information easily available when privacy settings are left unchecked and location services are on for all apps.



Kids Have Rights™ is a prevention program of the Children's Advocacy Center of Kent County

If you have questions regarding talking to your child about body safety, please visit our website for more information www.cac-kent.org or contact us at 616-336-4265