

MY BODY BELONGS TO ME!

BODY AUTONOMY

Young children can be introduced to body safety conversations by learning what parts of their body are private parts, the anatomical names for private parts, and being providing opportunities where they are the boss of their own body. Children should be allowed to choose the touches they would like to give and get (hugs, high fives, tickles) and should always be allowed to say, "no thank you" if there is a touch they do not want to give or get.

Use this box to draw a picture of your body - from you head down to your toes!

THIS IS ME!

Now draw you wearing your swimsuit. Your swimsuit covers the private parts of your body!

CAN YOU COLOR YOUR SWIMSUIT A BRIGHT COLOR?

